

Sleep Services - Saskatchewan

Home Sleep Test (HST) – Level 3

1. No coverage available through the Saskatchewan Health Authority (SHA) or private medical healthcare insurance
2. Sleep labs offer HST at no charge

In-lab Polysomnogram (PSG) – Level 1

1. Fully covered by Saskatchewan Health Care Services (run by the SHA) if PSG is performed by the public healthcare system

CPAP Therapy (CPAP)

1. Co-payment coverage is provided by the SHA: Patient is responsible for an initial fee that covers the use of the equipment for the life-span of the machine; SHA covers the remaining cost
2. Full coverage for low-income residents on the Supplementary Health Benefits Plan
3. CPAP discounts available through the Saskatchewan Aids to Independent Living (SAIL) program

Oral Appliance Therapy (OAT)

1. No coverage available through the SHA
2. Coverage for OAT available through private medical healthcare insurance
 - a. Dental practices perform pre-authorizations for patients however, in some cases the patient is asked to pay upfront and submit the claim to their insurance provider (Health spending account)
 - b. Coverage will be considered under the following conditions:
 - i. A request has been submitted for pre-determination
 - ii. Patient trialed CPAP for a minimum of 3 months and was deemed non-compliant (based on Non-Insured Health Benefits criteria)
 - iii. Current 12 month prescription for OAT is available
 - iv. OAT has been requested within 24 months of the CPAP trial

Insurance Provider	Market Share	OAT Coverage
Blue Cross	10%	40-50%
Great West Life	21%	20-30%
Green Shield Canada	4%	20-30%
Manulife	22%	30-40%
Sunlife	23%	30-40%

Mercon Benefit Services (Great West Life Branch) covers \$1500 of the oral appliance cost every 24 months.

Note: Percentage of OAT coverage is dependant on the policyholder’s plan.

Dental procedures, related to the provision of OAT, have been successfully billed under the following dental codes:

Dental Code	Dental Procedure
14901, 14312	Intra-oral appliance for diagnosed sleep apnea condition
14319	Myofunctional therapy for sleep apnea, breathing and tongue related disorders
99111	Lab services for fabricating the oral appliance device

Documents Required by the Patient to Support OAT Claim

- Physician’s referral for the HST
- Sleep physician’s interpretation of the HST
- Physician’s prescription for OAT

Disclaimer: This information is intended to provide general background only. Coverage varies from province-to-province and payer-to-payer. Payer policy, billing, and coding guidelines change on a regular basis and it is the provider’s responsibility to seek specific directions and guidelines from their third party payers. Use of the information in these documents does not guarantee coverage or prior-authorization approval. Zephyr Sleep Technologies, Inc. will not be held liable for any denials, unpaid claims or loss of income that may result from a provider referencing this information.