

# Sleep Services - Quebec

## Home Sleep Test (HST) – Level 3

1. Healthcare institutions and private medical healthcare insurance companies recognize HSTs as '(PCRS) Cardiorespiratory Polygraphy Test to Evaluate Sleep'
2. If provided by the public healthcare sector, the Quebec Health Insurance Plan managed by Régie de l'Assurance Maladie du Québec (RAMQ), may partially cover HST cost (average price \$400)
3. Coverage for HST is available through private medical healthcare insurance (up to 50% depending on the policyholder's plan)

## In-lab Polysomnogram (PSG) – Level 1

1. Fully covered by Quebec's RAMQ if PSG is performed at a publicly funded facility

## CPAP Therapy (CPAP)

1. No coverage available through NS's MSI
2. Coverage for CPAP available through private medical healthcare insurance

**Note:** Percentage of CPAP coverage is dependant on policyholder's plan.

## Oral Appliance Therapy (OAT)

1. No coverage available through Quebec's RAMQ
2. Coverage for OAT available through private medical healthcare insurance
  - a. Dental practices perform pre-authorizations for patients however, in some cases the patient is asked to pay upfront and submit the claim to their insurance provider (Health spending account)
  - b. Insurance companies cover up to 50% for laboratory services and up to 80% for oral appliance
  - c. Coverage will be considered under the following conditions:
    - i. A request has been submitted for pre-determination
    - ii. Patient trialed CPAP for a minimum of 3 months and was deemed non-compliant (based on Non-Insured Health Benefits criteria)
    - iii. Current 12 month prescription for OAT is available
    - iv. OAT has been requested within 24 months of the CPAP trial

Insurance Provider	Market Share	OAT Coverage
Blue Cross	10%	50-80%
Great West Life	21%	50-80%
Green Shield Canada	4%	50-80%
Manulife	22%	50-80%
Sunlife	23%	50-80%

*Mercon Benefit Services (Great West Life Branch) covers \$1500 of the oral appliance cost every 24 months.*

**Note:** Percentage of OAT coverage is dependant on the policyholder’s plan.

**Dental procedures, related to the provision of OAT, have been successfully billed under the following dental codes:**

Dental Code	Dental Procedure
96500, 89910	Intra-oral appliance for diagnosed sleep apnea condition
43611, 43612	Upper and lower jaw appliance for snoring and sleep apnea condition
99111	Lab services for fabricating the oral appliance device

### Documents Required by the Patient to Support OAT Claim

- Physician’s referral for the HST
- Sleep physician’s interpretation of the HST
- Physician’s prescription for OAT

*Disclaimer: This information is intended to provide general background only. Coverage varies from province-to-province and payer-to-payer. Payer policy, billing, and coding guidelines change on a regular basis and it is the provider’s responsibility to seek specific directions and guidelines from their third party payers. Use of the information in these documents does not guarantee coverage or prior-authorization approval. Zephyr Sleep Technologies, Inc. will not be held liable for any denials, unpaid claims or loss of income that may result from a provider referencing this information.*