

Sleep Services - Nova Scotia

Home Sleep Test (HST) – Level 3

1. Only covered by the provincial Nova Scotia Medical Services Insurance program (MSI) if the patient has been referred to a sleep centre for an HST by a physician who has documented medical necessity
2. HSTs are predominantly provided by Snore Shops at no charge

In-lab Polysomnogram (PSG) – Level 1

1. Fully covered by NS's MSI if PSG is performed at a hospital

CPAP Therapy (CPAP)

1. No coverage available through NS's MSI
2. Coverage for CPAP available through private medical healthcare insurance

Note: Percentage of CPAP coverage is dependant on policyholder's plan.

Oral Appliance Therapy (OAT)

1. No coverage available through NS's MSI
2. Coverage for OAT available through private medical healthcare insurance
 - a. Dental practices perform pre-authorizations for patients under medical benefits
 - b. If the pre-authorization is denied, the patient is asked to pay upfront and submit the claim to their insurance provider
 - c. Coverage will be considered under the following conditions:
 - i. A request has been submitted for pre-determination
 - ii. Patient trialed CPAP for a minimum of 3 months and was deemed non-compliant (based on Non-Insured Health Benefits criteria)
 - iii. Current 12 month prescription for OAT is available
 - iv. OAT has been requested within 24 months of the CPAP trial

Insurance Provider	Market Share	OAT Coverage
Blue Cross	10%	50-70%
Great West Life	21%	50-70%
Green Shield Canada	4%	50-70%
Manulife	22%	60-70%
Sunlife	23%	60-70%

Mercon Benefit Services (Great West Life Branch) covers \$1500 of the oral appliance cost every 24 months.

Note: *Percentage of OAT coverage is dependant on the policyholder's plan.*

Dental procedures, related to the provision of OAT, have been successfully billed under the following dental codes:

Dental Code	Dental Procedure
14311	Upper and lower jaw appliance for snoring and sleep apnea condition
14901	Intra-oral appliance for diagnosed sleep apnea condition
99111	Lab services for fabricating the oral appliance device

Documents Required by the Patient to Support OAT Claim

- Physician's referral for the HST
- Sleep physician's interpretation of the HST
- Physician's prescription for OAT

Disclaimer: This information is intended to provide general background only. Coverage varies from province-to-province and payer-to-payer. Payer policy, billing, and coding guidelines change on a regular basis and it is the provider's responsibility to seek specific directions and guidelines from their third party payers. Use of the information in these documents does not guarantee coverage or prior-authorization approval. Zephyr Sleep Technologies, Inc. will not be held liable for any denials, unpaid claims or loss of income that may result from a provider referencing this information.