

Sleep Services - Alberta

Home Sleep Test (HST) – Level 3

1. No coverage available through the provincial Alberta Health Care Insurance Plan is (AHCIP) or private medical healthcare insurance
2. Most CPAP providers offer HST at no charge (if a fee is applied, the price range \$200-\$300)

In-lab Polysomnogram (PSG) – Level 1

1. Publicly funded sleep labs: PSG funded through AHCIP however waiting lists are long (months-years)
2. Privately owned sleep labs
 - a. Consults are generally covered through AHCIP
 - b. Patient pays out-of-pocket for the PSG (price range \$800-\$1200)
3. No coverage available through private medical healthcare insurance

CPAP Therapy (CPAP)

1. No coverage available through AHCIP
2. Coverage for CPAP available through private medical healthcare insurance: CPAP providers perform pre-authorizations for patients however, in some cases the patient is asked to pay upfront and submit the claim to their insurance provider

Note: Percentage of CPAP coverage is dependant on policyholder's plan.

Oral Appliance Therapy (OAT)

1. No coverage available through AHCIP or AADL (Alberta Aids to Daily Living)
2. Coverage for OAT available through private medical healthcare insurance
 - a. Few dental practices perform pre-determinations for patients
 - b. Patient often pays out-of-pocket then submits claim to insurance provider
 - c. Coverage will be considered under the following conditions:
 - i. A request has been submitted for pre-determination
 - ii. Patient trialed CPAP for a minimum of 3 months and was deemed non-compliant (based on Non-Insured Health Benefits criteria)
 - iii. Current 12 month prescription for OAT is available
 - iv. OAT has been requested within 24 months of the CPAP trial

Insurance Provider	Market Share	OAT Coverage
Alberta Blue Cross	3%	60-80%
Great West Life	23%	80-100%
Green Shield Canada	5%	80-100%
Manulife	23%	80-100%
Sunlife	25%	80-100%

Mercon Benefit Services (Great West Life Branch) covers \$1500 of the oral appliance cost every 24 months.

Note: *Percentage of OAT coverage is dependant on the policyholder's plan.*

Dental procedures, related to the provision of OAT, have been successfully billed under the following dental codes:

Dental Code	Dental Procedure
14900	Appliances, intraoral, to treat medically diagnosed obstructive sleep apnea, snoring, upper airway resistance syndrome (UARS) with or without apnea (Includes models, gnathological determinants, appliance construction and insertion adjustment [no post-insertion adjustments])
14901	Appliance, intraoral, for the treatment of obstructive airway disorders, ridge or tooth supported + L
14902	Appliance (tongue retaining device) for treatment of obstructive airway disorders +E
02802	Radiographs (scans - CT, PET, MRI) or interpretation from another source
01204	Examinations and diagnosis, limited oral
01301	Examinations and diagnosis, stomatognathic, dysfunctional

Documents Required by the Patient to Support OAT Claim

- Physician's referral for the HST
- Sleep physician's interpretation of the HST
- Physician's prescription for OAT

Disclaimer: This information is intended to provide general background only. Coverage varies from province-to-province and payer-to-payer. Payer policy, billing, and coding guidelines change on a regular basis and it is the provider's responsibility to seek specific directions and guidelines from their third party payers. Use of the information in these documents does not guarantee coverage or prior-authorization approval. Zephyr Sleep Technologies, Inc. will not be held liable for any denials, unpaid claims or loss of income that may result from a provider referencing this information.